

# Self-discovery

## Glossary worksheet

Words and terms	What do they mean?
job	the work that you do in exchange for money
career	a profession or trade that you are trained for and which you do during your working life
interest	an activity or subject that you like to know about
hobby	an activity that you do for enjoyment such as reading
household chore	an activity you do to help around the house such as mowing the lawn
employability	the skills, knowledge and values you need to be job-ready
strength	something that you are good at
challenge	something that is difficult but may still be achievable for you
skill	tasks that you can do because you have experience or training, for example: cooking, teamwork, or report-writing
sensory	the way we experience the world with our senses such as sight and smell
individual differences	ways in which people are different from each other
workplace adjustments	changes to a workplace or a work-role to make sure that someone with a disability can do their job
learning accommodations	changes to a learning environment, method of learning or the way learning is assessed to make sure that someone with a disability is treated fairly
volunteering	offer to work without being paid
earn	working in exchange for money



Do you know this word?

Words and terms to know	I know this word	I have heard this word	I don't know this word
job	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
career	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
interest	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
hobby	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
household chore	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
employability	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
strength	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
challenge	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
skill	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
sensory	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
individual differences	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
workplace adjustments	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
learning accommodations	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
volunteering	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
earn	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>



Write what the words mean. Use your own words.

Words and terms to know	What do they mean? (in your own words)
job	
career	
interest	
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household chore	
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sensory	
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